

HIGHLIGHTS FROM WISEGP...

Sharing highlights from WiseGP to explore further online...



Explore the WISDOM course...

Who's it for?

We've had global interest in the course and whilst it was developed for GPs, a range of clinicians have participated, including medical students, GP registrars, advanced nurse practitioners, physician associates and even a vet! If you've completed it, perhaps you could recommend it to your wider multidisciplinary team? It's free to access!



What is WISDOM about?

WISDOM aims to provide clinicians with the skills and confidence to find, create and use knowledge to make complex decisions about problems faced in everyday practice. We'll discuss how to approach some of the biggest challenges you face in your daily practice, including overdiagnosis, persistent physical symptoms and polypharmacy, whilst considering how you can make best use of wider psychological and community approaches to supporting people with illness.

I already feel confident in making complex decisions in practice, so what would WISDOM offer me?

Participants are encouraged to comment throughout the course and can extend their learning through this online community of practice. The course also considers extended practice roles and career development, which more experienced GPs may value.

How long does it take?

The course contains 4 modules, with each module taking 3-4 hours. You have 4-6 weeks to complete the course. There are no compulsory assessments though there are optional quizzes. *You may want to focus on part that particularly interests you!*

DISCOVER WISDOM HERE: <https://www.wisegp.co.uk/wisdom>

WiseGP **GEM** of the week!



WiseGP will now be releasing a GEM every week...

Make sure to follow WiseGP on twitter **@wiseGPCouk** to see our featured GEMs of the week

Our GEMs provide offer practical suggestions of how recent research could be applied by the extended Wise General Practice team to tackle common everyday problems.

This week's GEM of the week is about self-harm and suicide, highlighting opportunities for intervention from GP consultations. Within this GEM topic, you can also explore how to support people bereaved by suicide and training which is available to support this.