

HIGHLIGHTS FROM WISEGP...

Sharing highlights from WiseGP to explore further online...



Explore our GEMs Library...

The library contains GEMs from recent research offering practical ways for the Wise General Practice team to tackle common everyday problems.

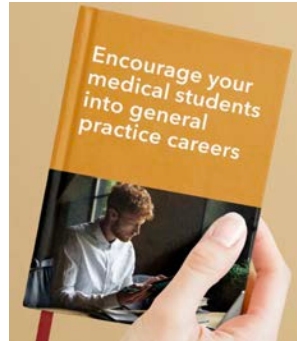
Why not explore our selection of GEMs and see if there's a topic which ignites your interest!

The GEM library is split into themed sections (*see below*).

Each theme has practical suggestions drawn from recent research to support your whole practice - students, registrars and the extended primary care team - to improve the care they provide.

Teaching and Mentoring

Explore ways to support your practice team, how to make general practice careers more interesting to your medical students and provide the best experience to prepare you GP registrars for everyday practice.



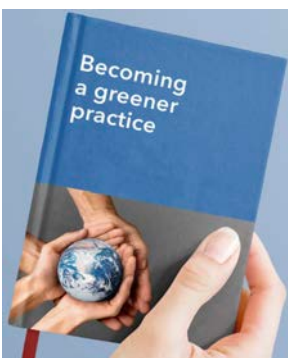
Prescribing

From making decisions about stopping antidepressants, to prescribing the right emollients in eczema and managing diabetic neuropathy, there are many useful GEMS to apply in practice in this section. We also cover big topics like reducing antibiotic resistance and tailoring prescribing, considering how the latest evidence can help us.



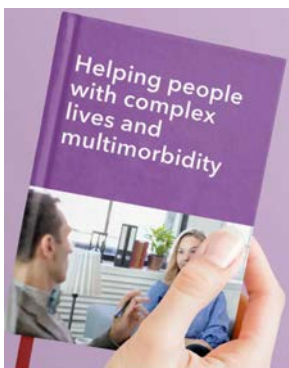
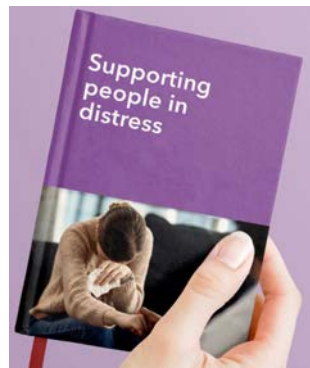
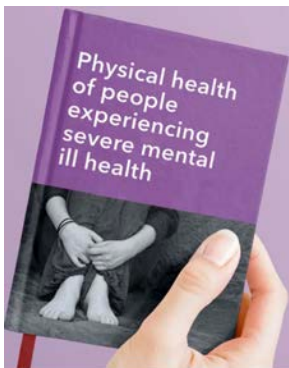
Practice Management

In this section, we consider how practices can be greener and help the environment. We also consider how we can optimise our use of appointments.



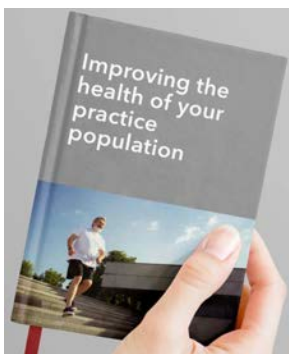
Clinical Management

Our biggest section of the library is focused on clinical management topics. We consider how to help people in distress, exploring adverse childhood experiences and support for people who are bereaved by suicide. We also highlight evidence on how to support young people who self-harm and how to help victims of domestic abuse. One GEM aims to shine a light on the importance of physical healthcare in people experiencing severe mental ill health. We also consider whether we can trust our gut feelings, how we can make informed decisions about requesting investigations and how the latest evidence can support our care of people with multi morbidity and chronic pain.



Public Health

In this final section, we consider how you can support migrants and improve the health of your practice population.



Explore the WiseGP GEMS Library here: <https://www.wisegp.co.uk/>