



## GEM

General practice Evidence for Modern day practice.

GEMs offer brief updates from general practice research tackling the challenges of front-line practice.

### The title of your research

**Implementing change in primary care practice: lessons from a mixed-methods evaluation of a frailty initiative**

### Your name

**Joanne Reeve**

### The practice problem tackled by this research.

Rapid transformation of General Practice to meet the complex needs of local and national populations is happening on a daily basis. Despite this, we still have relatively little evidence to tell us what resources are needed to best support this activity. We took an indepth look at the introduction of a frailty initiative across one CCG. Our theory-informed evaluation of this new intervention aimed to help us understand how best to support wider change in practice.

### What this research tells us about this problem.

We identified three key principles for change, being the need for: 1) Flexibility & adaptability: change was evidence informed, not evidence based, with interventions needing to be redesigned in context. 2) Implementation requires clinical teams to use extended professional roles: scholarship in action. 3) Resources need to recognise new service implementation as a change process (over simply a 'bolt-on' delivery activity) .

### The research team (\* are GPs)

C Bryce, J Fleming, J Reeve\*

### Suggested WISE action

Review the expertise of members of your practice team and whether this is being utilized. Consider if further support is needed to develop those extended roles.

### Where you can read more about this work.

Implementing change in primary care practice: lessons from a mixed methods evaluation of a frailty initiative.

BJGP Open 2018; DOI: 10.3399/bjgpopen18X101421

<https://bjgpopen.org/content/bjgpoa/2/1/bjgpopen18X101421.full.pdf>

### Who funded this research.

This work was funded by Research Capacity Funding from the NIHR, commissioned by the host CCG. The views expressed are those of the author and not necessarily the NIHR, NHS or CCG