

# THE WISDOM COURSE

Becoming tomorrow's doctor today



General Practitioner (GP) roles are changing and so is the range of professional skills required for modern practice. Frequently GPs encounter problems that aren't answered by clinical guidelines, existing research evidence or even medicine. WISDOM aims to provide clinicians with the skills and confidence to find, create and use knowledge to make complex decisions about problems faced in everyday practice.

Through the WISDOM course, we will focus on the distinct knowledge work skills used by GPs to deliver whole-person centred, expert generalist medicine. We'll discuss how to approach some of the biggest challenges you face in your daily practice, including overdiagnosis and polypharmacy, whilst considering how you can make best use of wider psychological and community approaches to supporting people with illness.

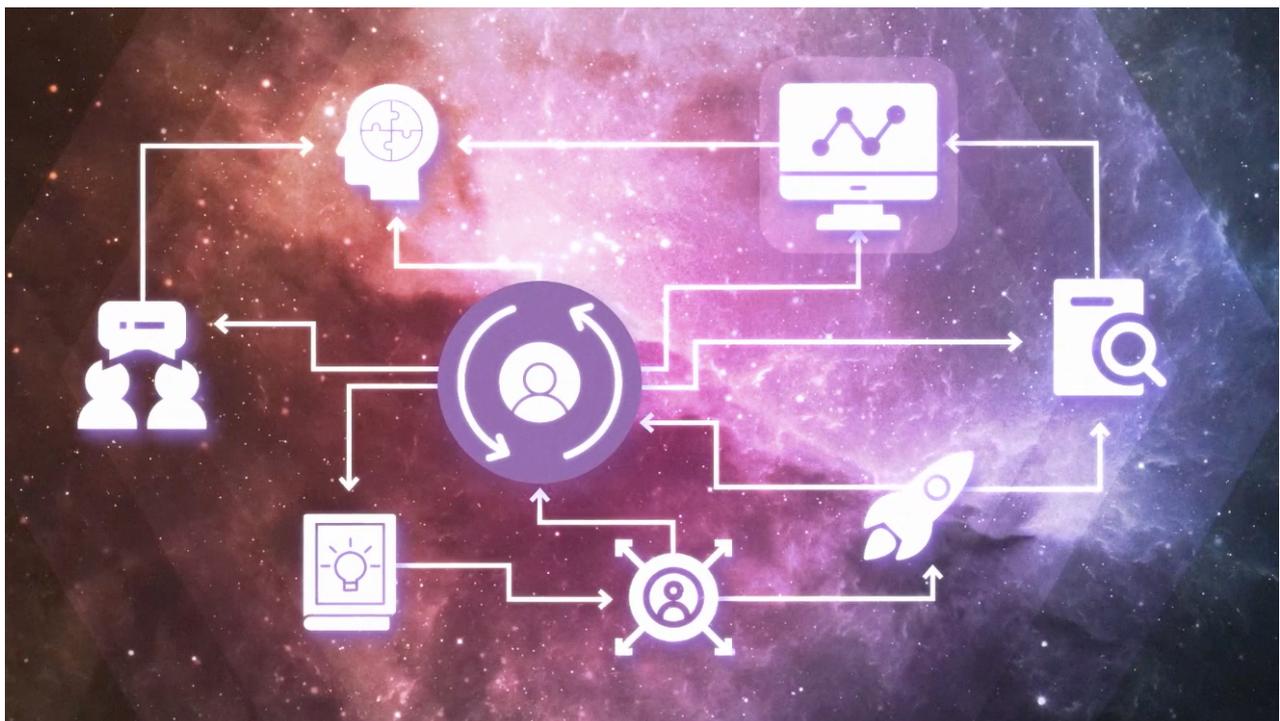
By sharing our vision for tomorrow's doctor, today, we aim to provide you with the skills and confidence to develop your own professional practice and be a catalyst for change to help re-energise our profession.

## What topics will we cover?

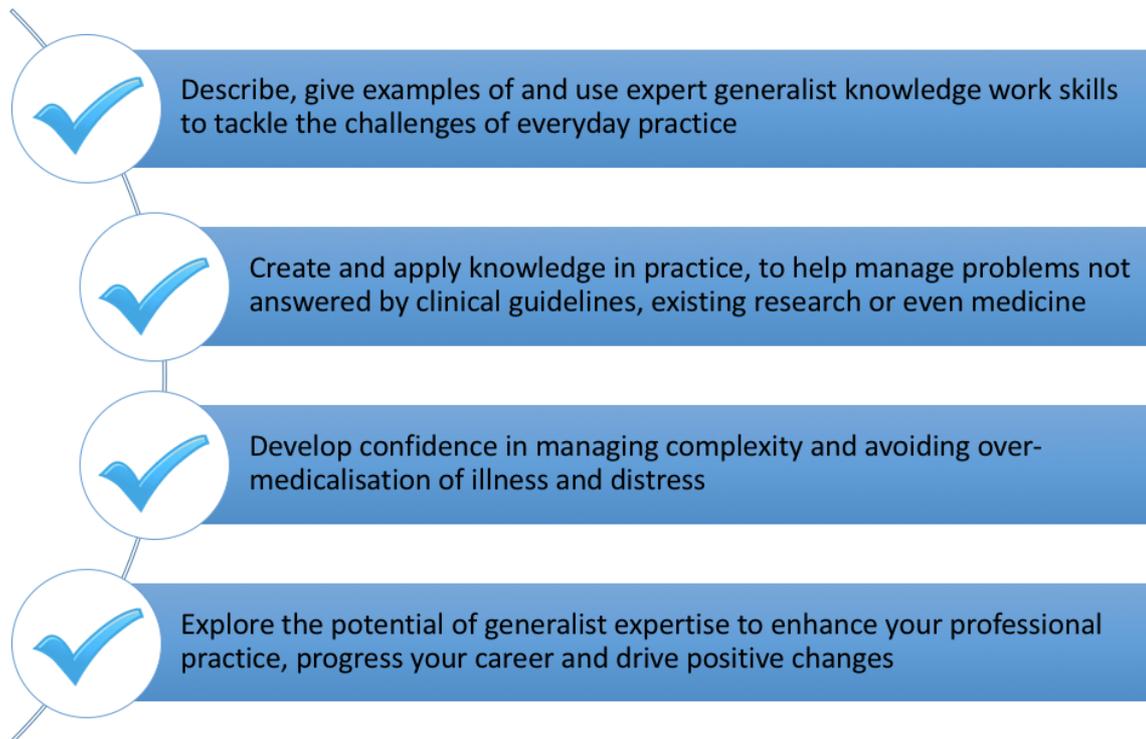
WISDOM Course Topics	
Week 1	The distinct Knowledge work (expertise) of medical generalist practice –core principles
Week 2	Beyond individual patient care: creating your own practice-based evidence
Week 3	Knowledge work in practice: Managing clinical complexity and approaching problems where medicine doesn't give you the solution
Week 4	Motivating and sustaining change through teaching, writing, presenting and leading within a community of practice

## So what is knowledge work?

Knowledge work is a widely known concept embraced by other industries. However, the concept is new to most medics! Here we propose how knowledge work skills could be particularly relevant to GPs managing everyday complexity in practice. Check out this fun animation, explaining the concept of knowledge work - <https://youtu.be/SjcUcH3kzPY>



## What will I gain from enrolling on the WISDOM course?



So make sure to sign up to the WISDOM course here:

<https://www.futurelearn.com/courses/wisdom-skills-for-the-future-generalist-doctor>

Read more about the WISDOM course on the WiseGP website here -

<https://www.wisegp.co.uk/wisdom>

## Want to hear more- listen to our Podcast!



In the latest podcast, WiseGP Intern Johanna Reilly, discusses some key aspects of the WISDOM course, including mindlines and knowledge generation, with John Gabbay and Andrée le May!

The podcast is available to download from the WiseGP website and from several major podcast hosts. Please have a listen and let us know if you would like to be a guest or have any guest suggestions! <https://www.wisegp.co.uk/wisereads>